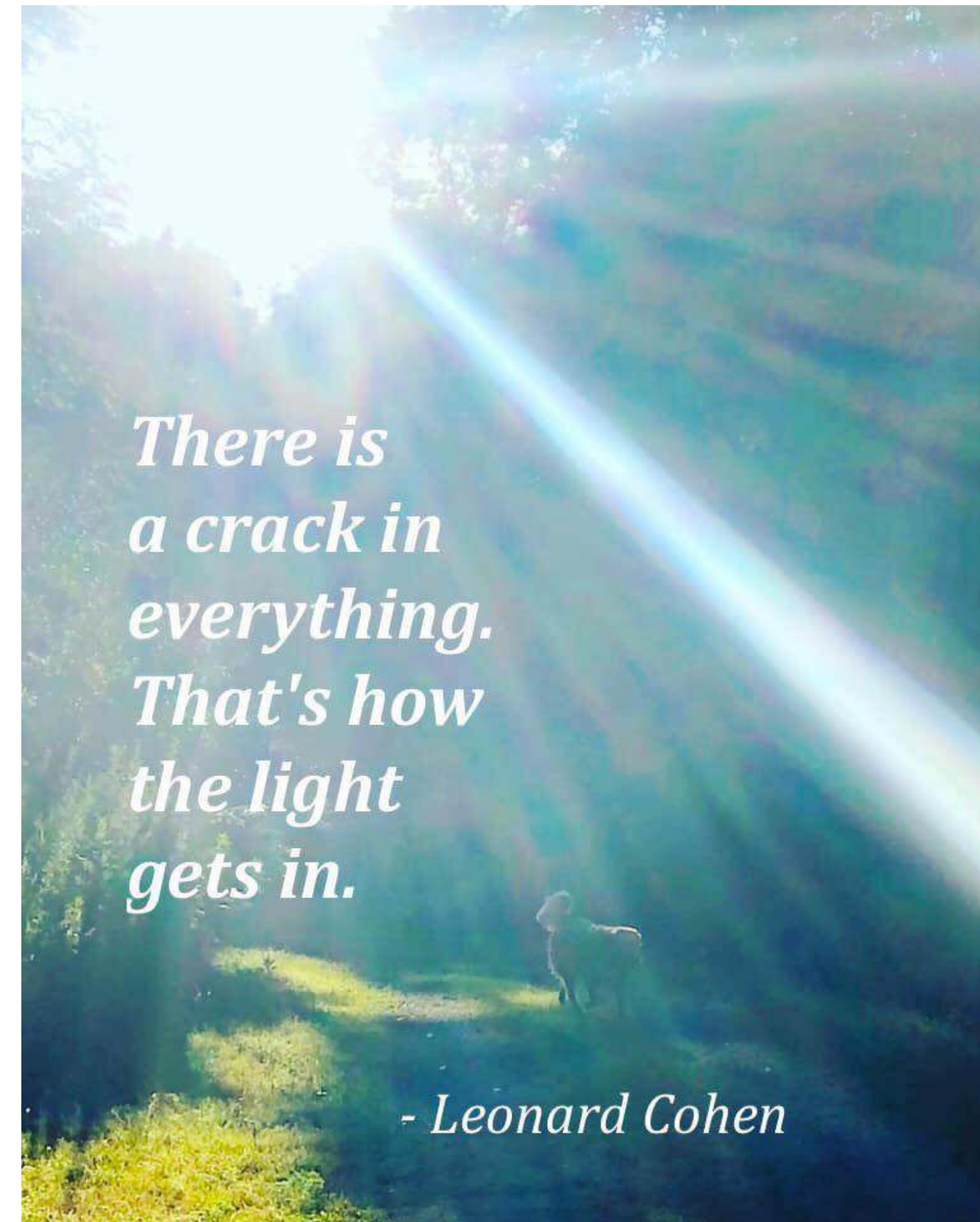


Point, shoot, and have fun

Shutterbugs talk



从拍一张照片开始观察自己和生活

Let the light gets in

总结一下和摄影相关的基础知识，以及英文相关表达

当然可以。以下是关于摄影基础知识的总结，以及配套的英文表达，便于你在教学、写作或日常交流中使用。

1. 曝光 Exposure

曝光决定照片的明亮程度，由三要素控制：

- 快门速度 **Shutter Speed**：快门打开的时间。
 - Slow shutter (e.g. 1s): motion blur (动感模糊)
 - Fast shutter (e.g. 1/1000s): freeze motion (冻结动作)
- 光圈 **Aperture**：镜头的开口大小，单位是 f/值 (如 f/2.8, f/8)
 - Wide aperture (low f-number): shallow depth of field (浅景深)
 - Narrow aperture (high f-number): deep depth of field (深景深)
- 感光度 **ISO**：感光元件对光的敏感程度
 - High ISO: brighter but grainier (亮但有噪点)
 - Low ISO: cleaner but darker (干净但暗)

 常用表达：

- *This photo is overexposed/underexposed.*
- *I shot this at f/2.8, 1/250s, ISO 400.*

2. 构图 Composition

构图决定画面中元素的安排方式，核心是视觉引导与平衡。

- 三分法则 **Rule of Thirds**：将画面分成九宫格，把主体放在交点上
- 对称 **Symmetry**：用对称带来稳定感
- 引导线 **Leading Lines**：用道路、桥梁等引导视线
- 负空间 **Negative Space**：用空白突出主体
- 框中框 **Framing**：用门窗、树枝等“框”住主体

 常用表达：

- *The subject is framed perfectly.*
- *I love the use of negative space here.*

3. 焦距与镜头 Focal Length & Lenses

- 广角 Wide-angle (e.g. 16-35mm) : 适合风景, 空间感强
- 标准 Standard (e.g. 35mm, 50mm) : 最接近人眼视角
- 长焦 Telephoto (e.g. 70-200mm) : 拉近远处, 背景虚化强
- 定焦 Prime lens : 画质好, 光圈大
- 变焦 Zoom lens : 灵活多变



常用表达 :

- *Shot with a 50mm prime lens.*
- *This lens gives beautiful bokeh.*

4. 白平衡 White Balance

调整照片色温，让白色在照片中看起来真实。

- **Warm tone:** 偏黄偏红
- **Cool tone:** 偏蓝偏冷

📷 常用表达：

- *The white balance is off—it looks too warm*
- *I corrected the color temperature in post.*

5. 后期处理 Post-processing

通过 Lightroom、Photoshop 等软件进行调整。常见操作包括：

- **曝光 Exposure**：调亮或调暗
- **对比度 Contrast**：加强明暗差
- **色调曲线 Tone Curve**：精细调节明暗关系
- **HSL 调色**：色相 (Hue)、饱和度 (Saturation)、明度 (Luminance)
- **锐化 Sharpening**
- **去噪 Noise Reduction**

📷 常用表达：

- *I edit all my photos in Lightroom.*
- *I boosted the contrast and adjusted the highlights.*

二、摄影相关英文表达 Photography Phrases

中文表达	英文表达
拍照片	take a photo / shoot / capture a moment
对焦	focus on / get the subject in focus
虚化背景	create background blur / get bokeh
槽点 / 瑕疵	flaws / imperfections
光线很好	the lighting is perfect / soft / golden
抓拍 / 快速拍摄	a candid shot / a quick snap
色调统一	cohesive tones / consistent color palette
后期调整	do some editing / touch up in post
拍某人	take a portrait of someone
取景	frame the shot / find a good angle
捕捉瞬间	capture the moment / freeze the action
纪实风格	documentary style / photojournalistic approach

How do I started?

Video
Photo

Camera or phone?

- Phone
- point and shoot camera
- DSLR
- Mirrorless









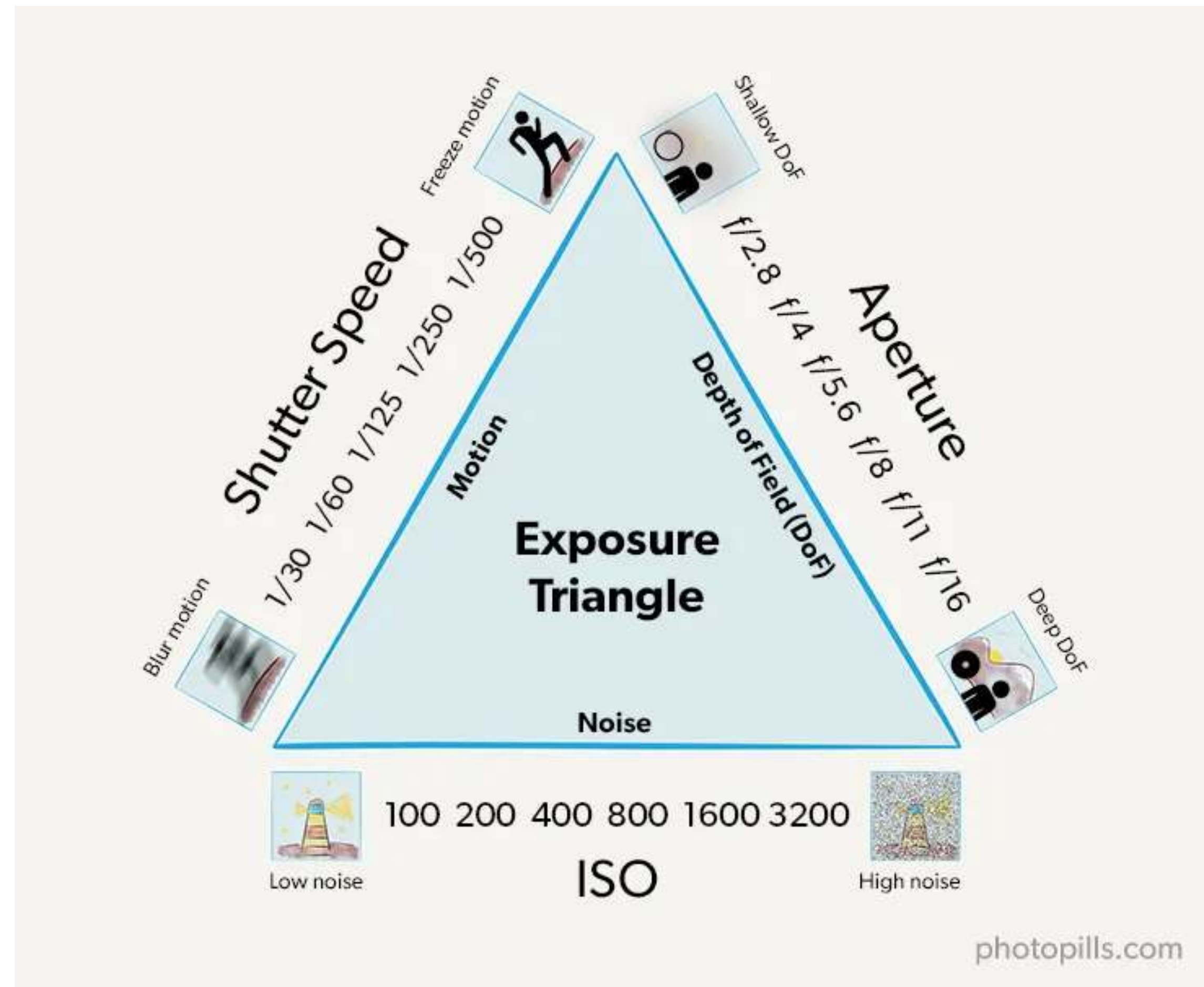


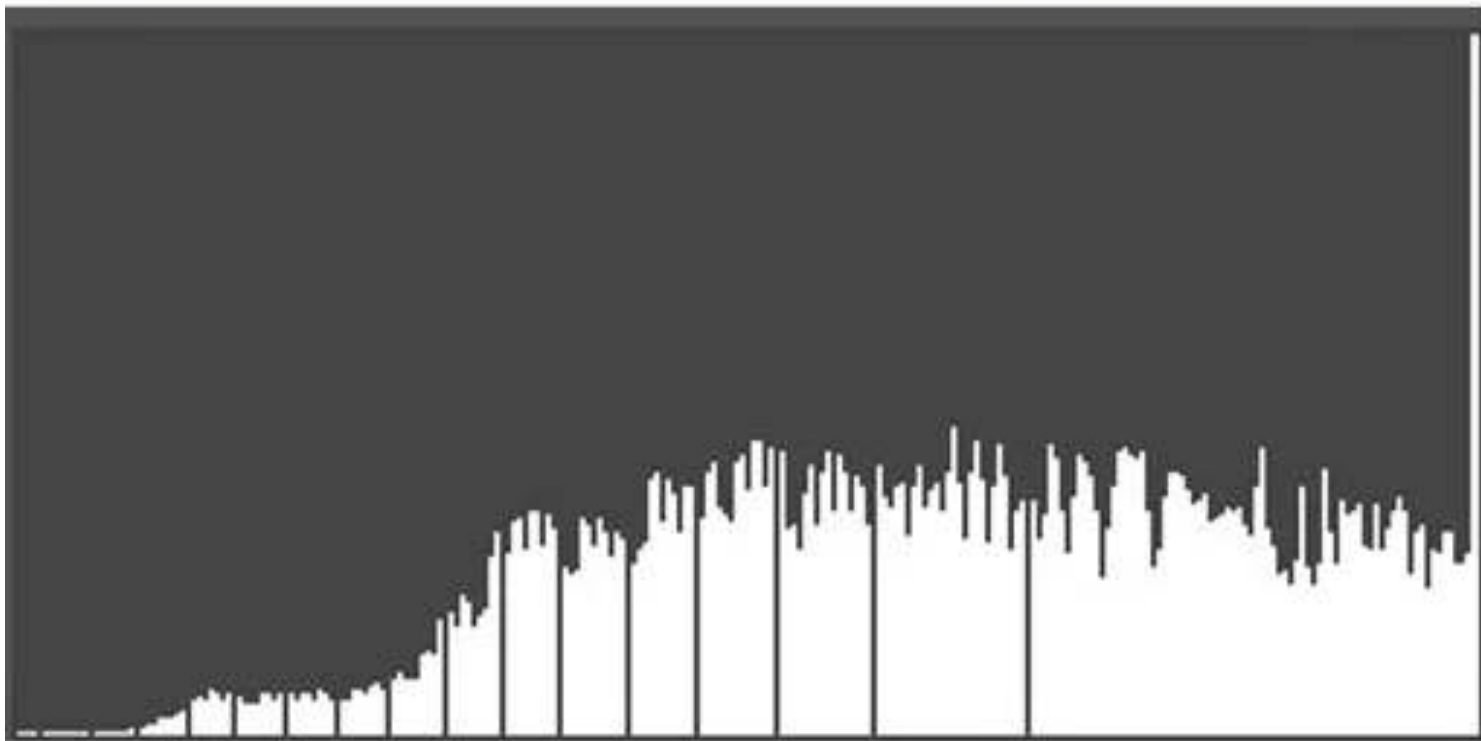




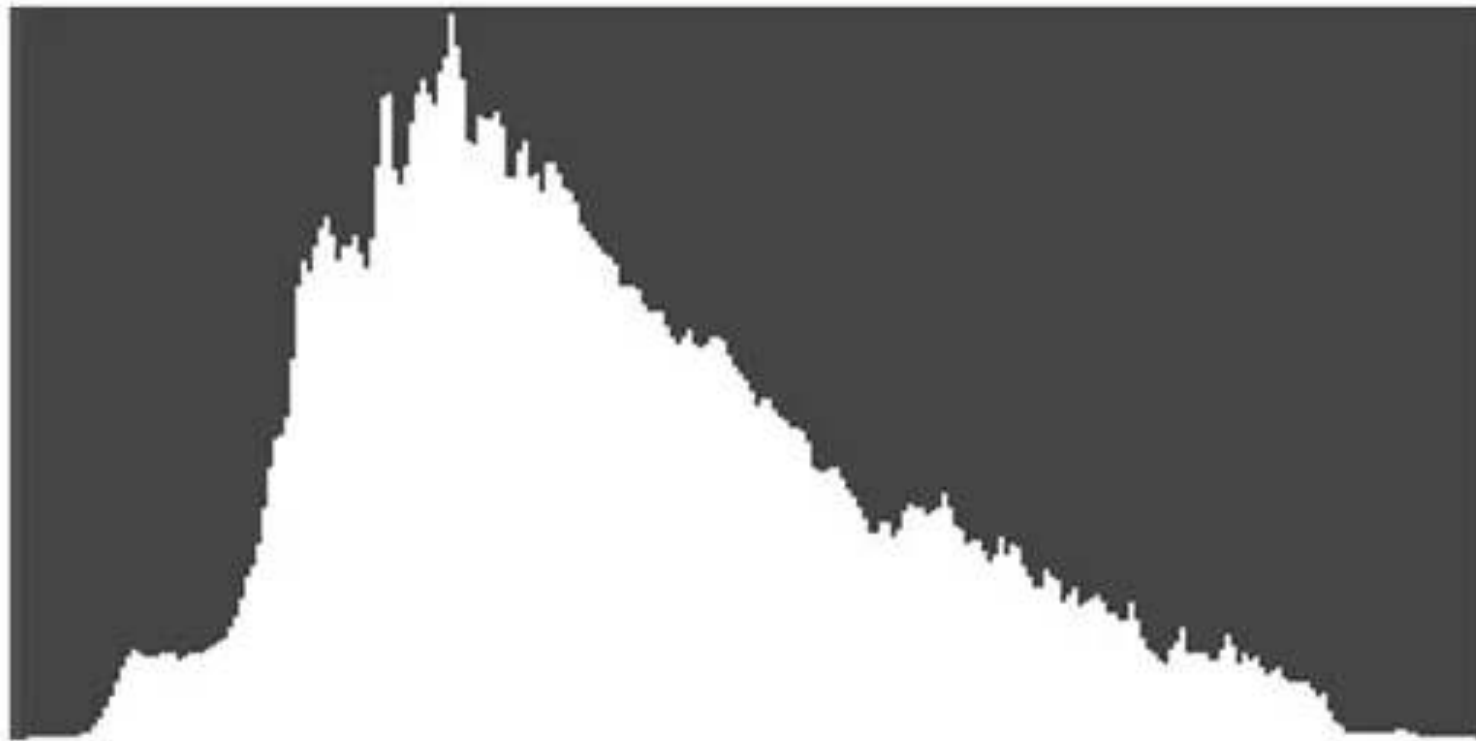
Basics

Exposure triangle: Aperture, shutter, ISO

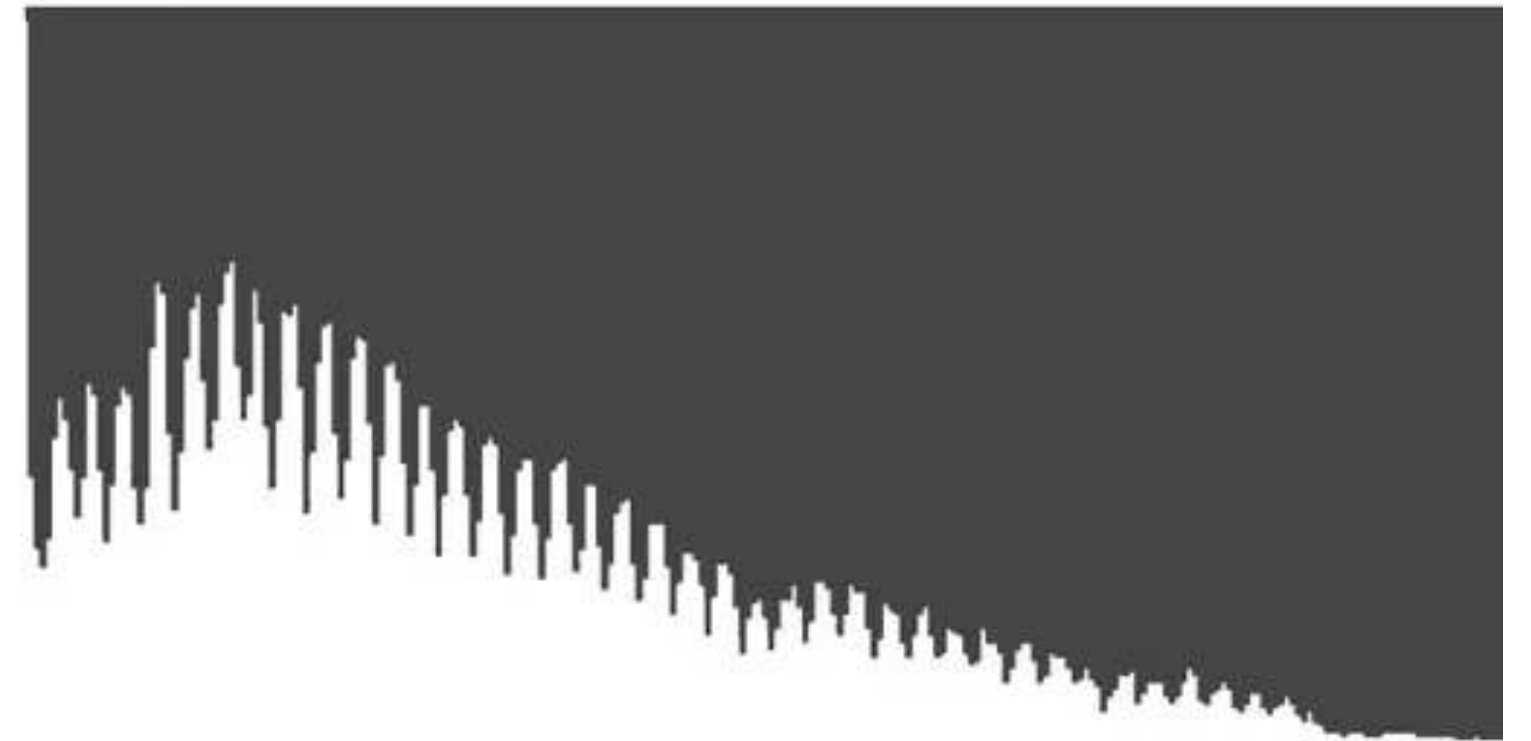




Over exposed image



Correctly exposed image



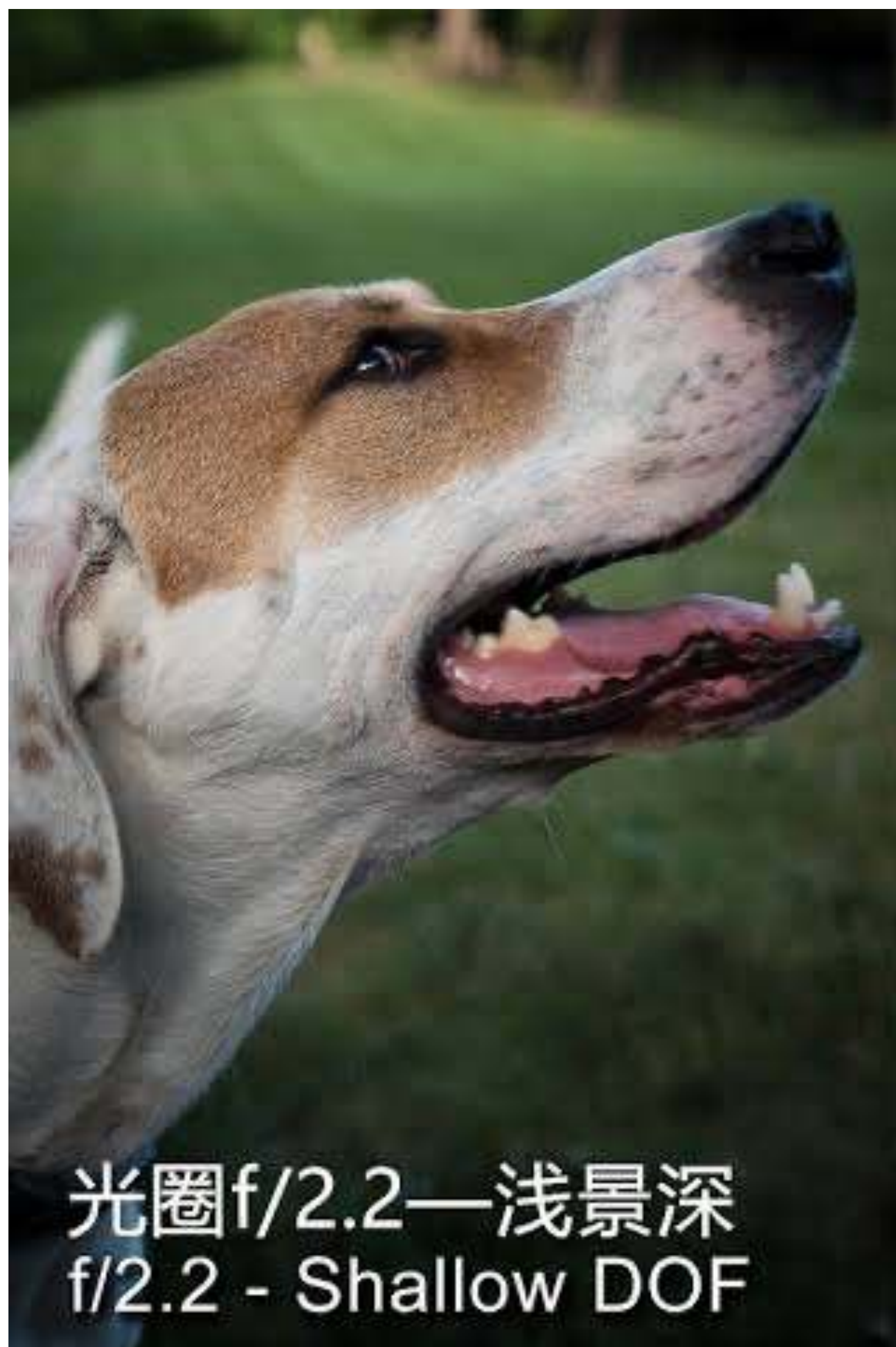
Under exposed image

F2.8

F16

APERTURE

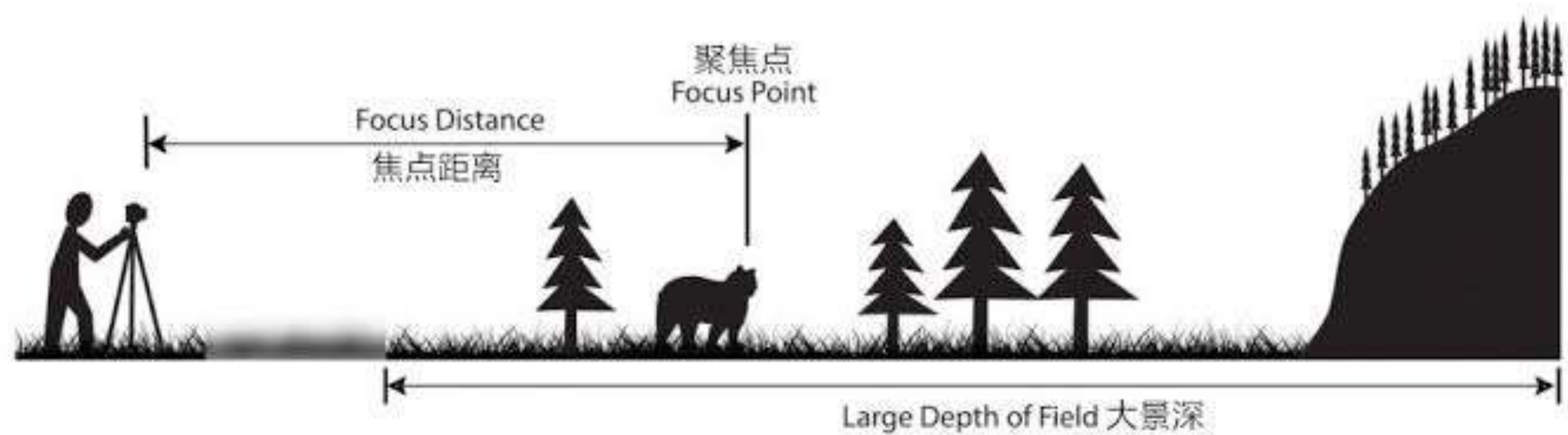
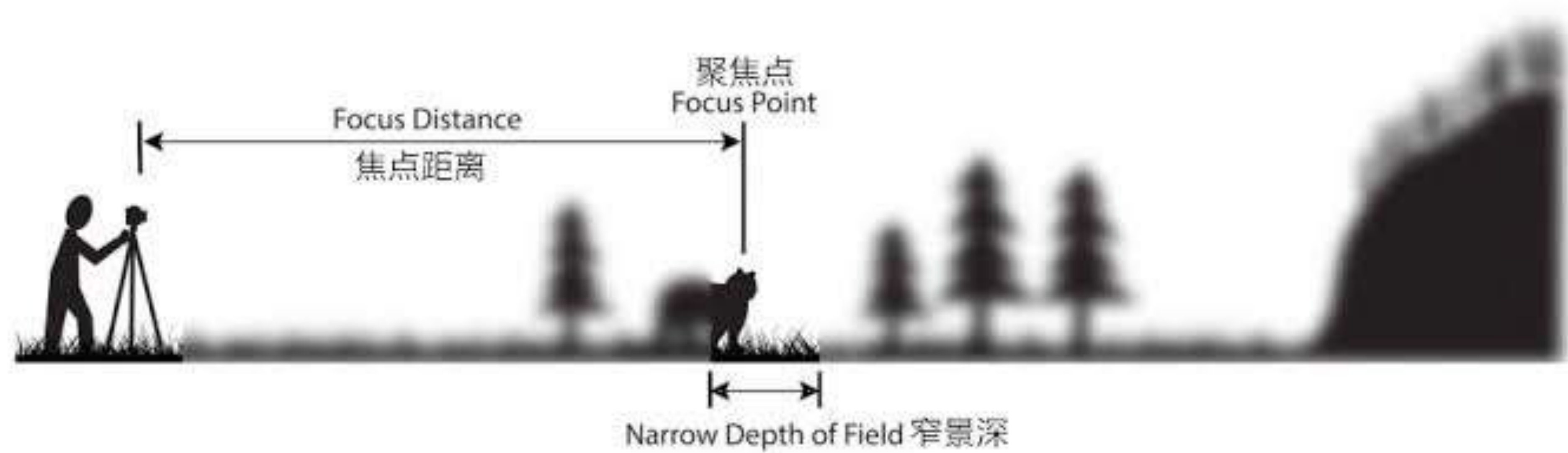




光圈f/2.2—浅景深
f/2.2 - Shallow DOF

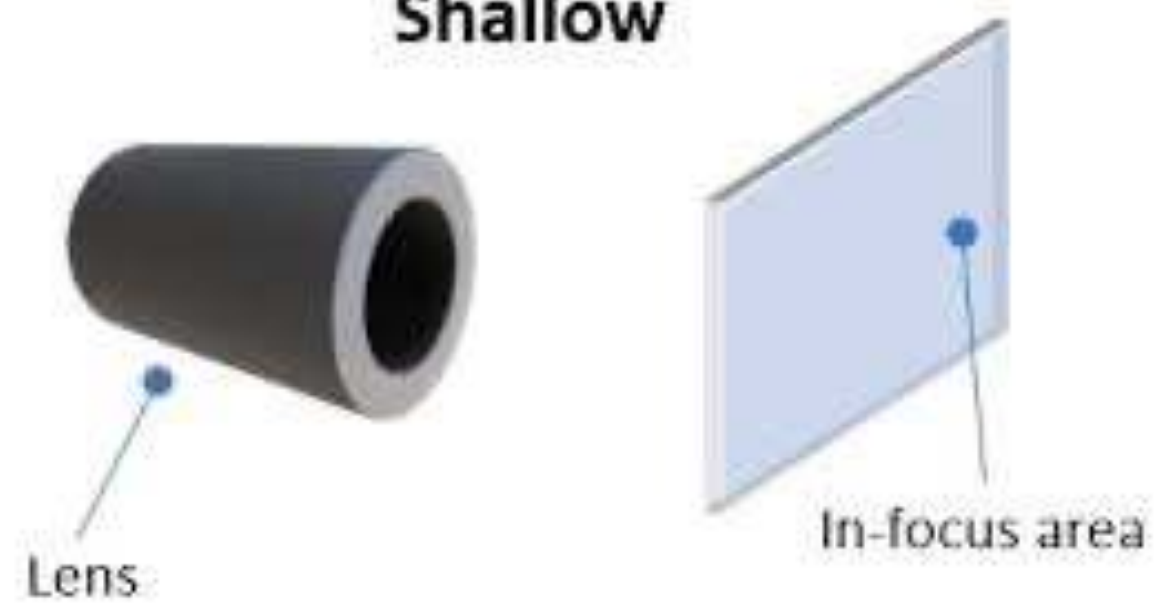


光圈f/11—深景深
f/11 - Deep DOF



Depth of field

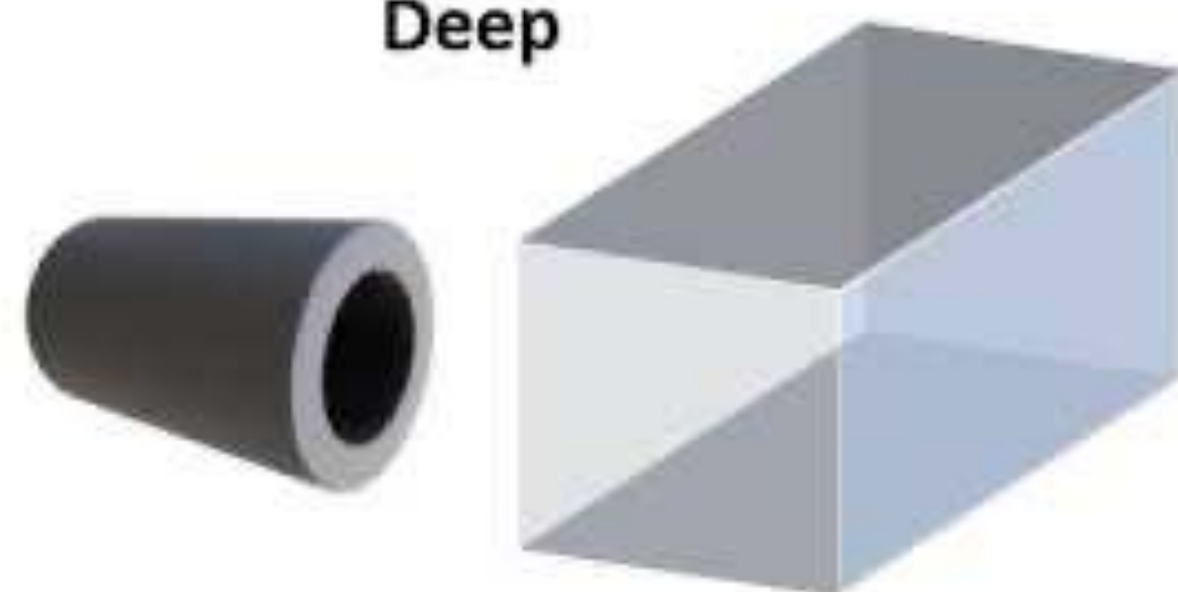
Shallow



Moderate



Deep



Bokeh (Out of focus blurring)



🔍 bokeh meaning



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Portrait Background Flower Bokeh effect Camera Tamil Photog



Bokeh - Wikipedia
Wikipedia



What is bokeh in photograph...
BBC Maestro



Exploring the Meaning of...
ItsJustLight.com



What is Bokeh Effect in...
StudioBinder

Related searches



Bokeh portrait



Bokeh vs blur



Bokeh - Wikipedia
Wikipedia



Overview

Usage examples

Pronunciation

Similar and opposite words

Translate bokeh to

Chinese (Simplified)

1. 散景

Show more

Feedback

People also ask

What is bokeh in a camera?

Bokeh is a word with Japanese origins, defined as “the way the lens renders out-of-focus points of light.” The word comes from the Japanese word boke (暈け or ボケ), which means “haze” or “blur.” (The “h” was introduced to help English speakers pronounce the word correctly [BO - KEH].)



 <https://www.adobe.com>

Using the bokeh effect to make a bokeh background - Adobe

What is the meaning of the word bokeh?

What is the difference between blur and bokeh?

Shutter Speed



2

1

1/2

1/4

1/8

1/15

1/30

1/60

1/125

1/250

1/500

1/1000

1/2000

Brighter

Exposure

Darker



Blur Motion

Freeze Motion





1/500



1/4





Which ISO should I use?



Less grain

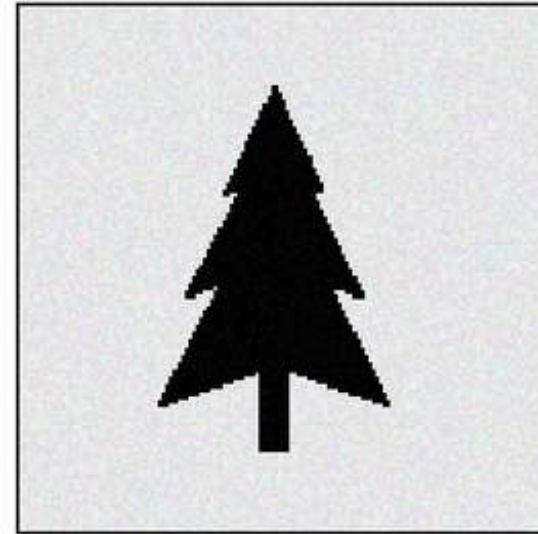
More grain



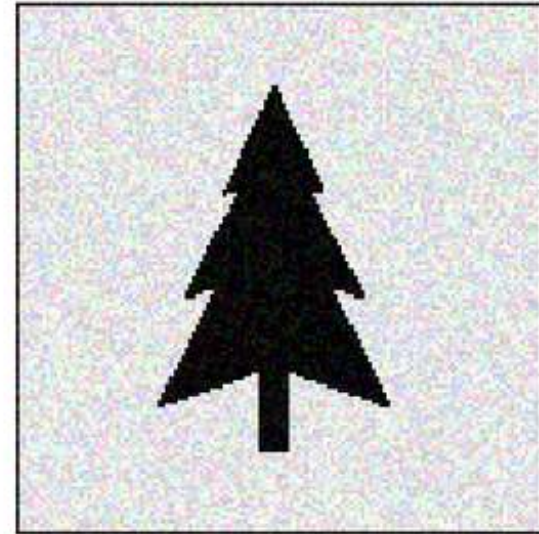
ISO 100



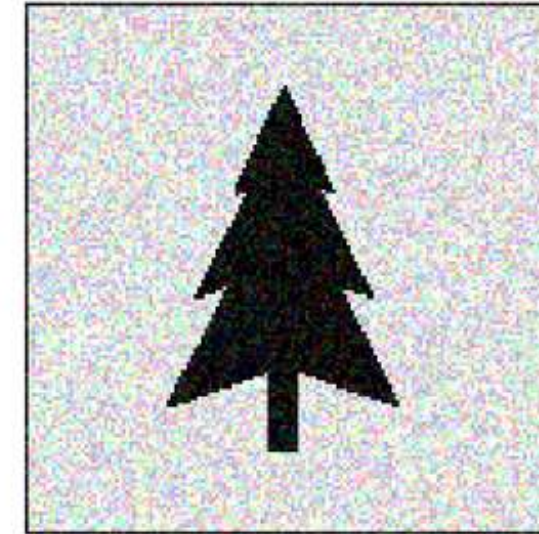
ISO 200



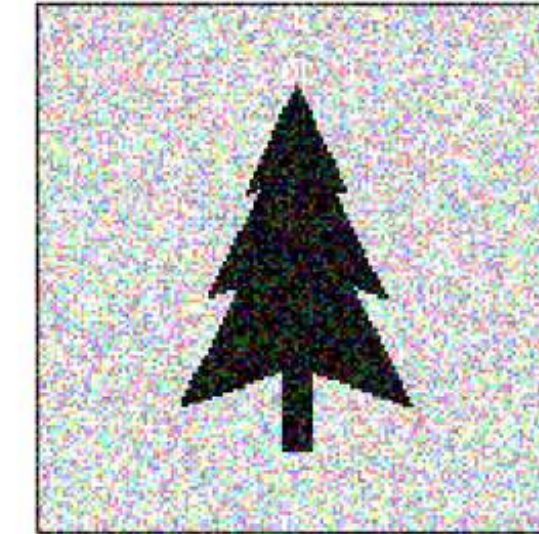
ISO 400



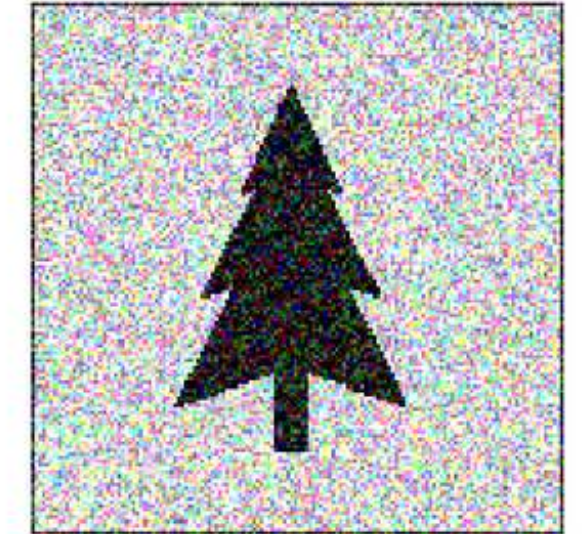
ISO 800



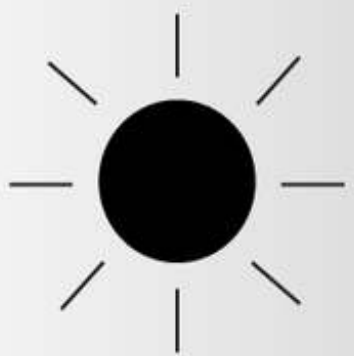
ISO 1600

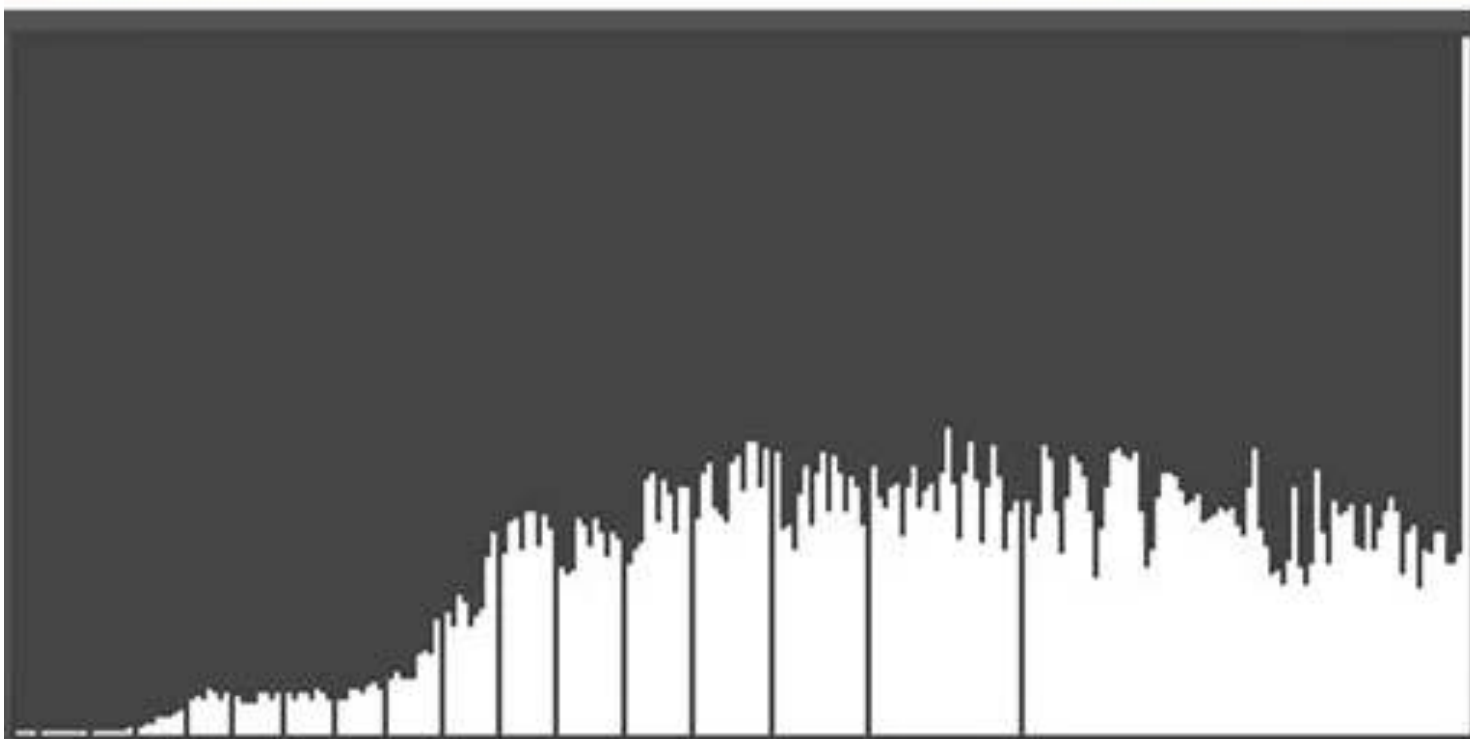


ISO 3200

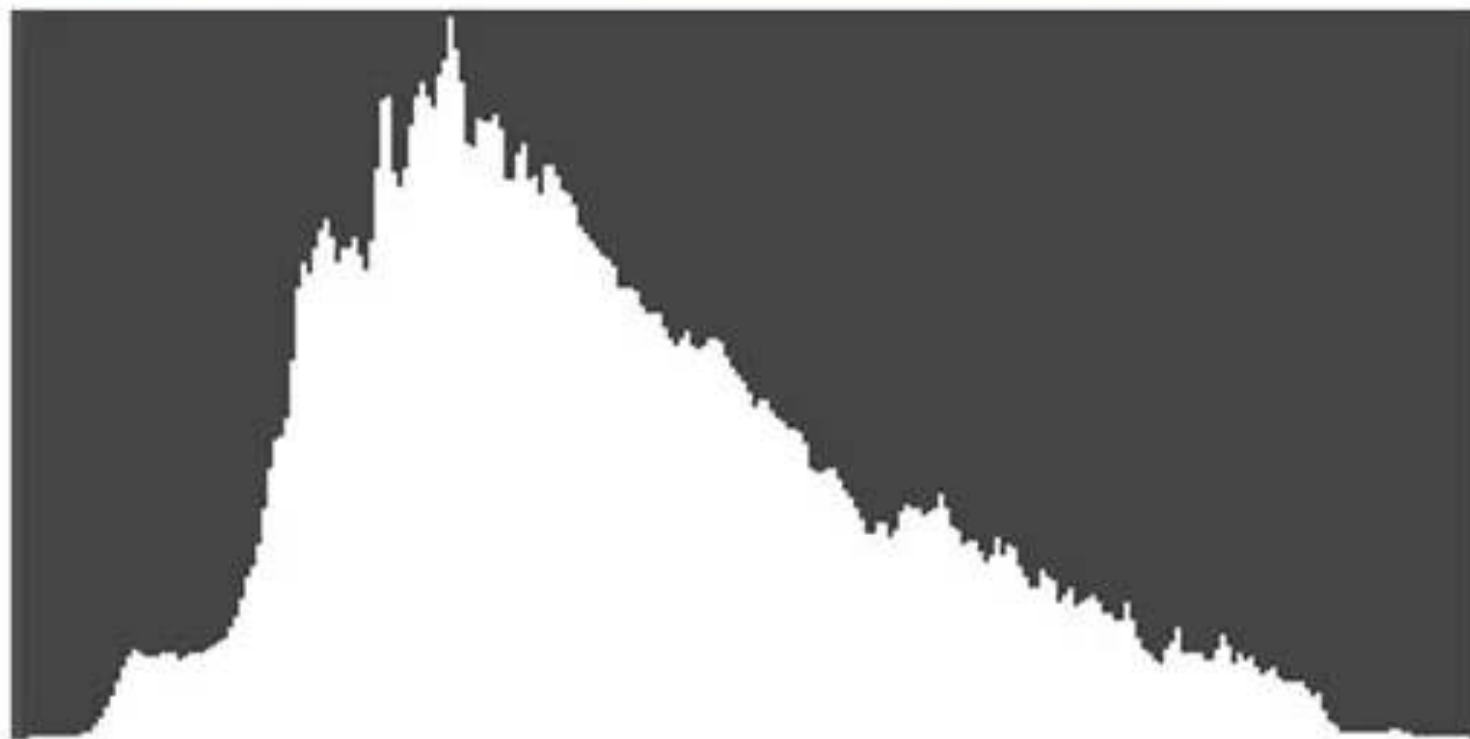


ISO 6400

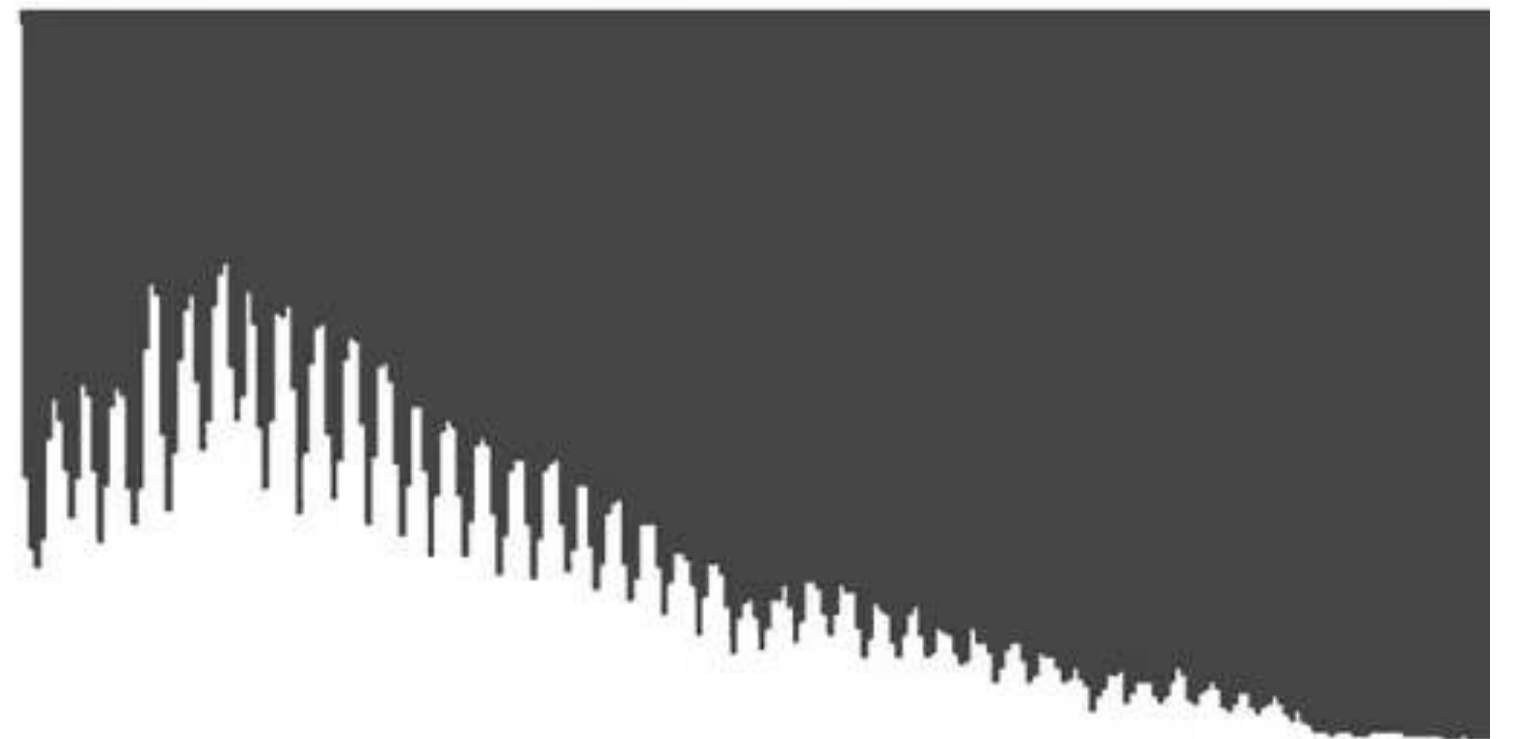




Over exposed image

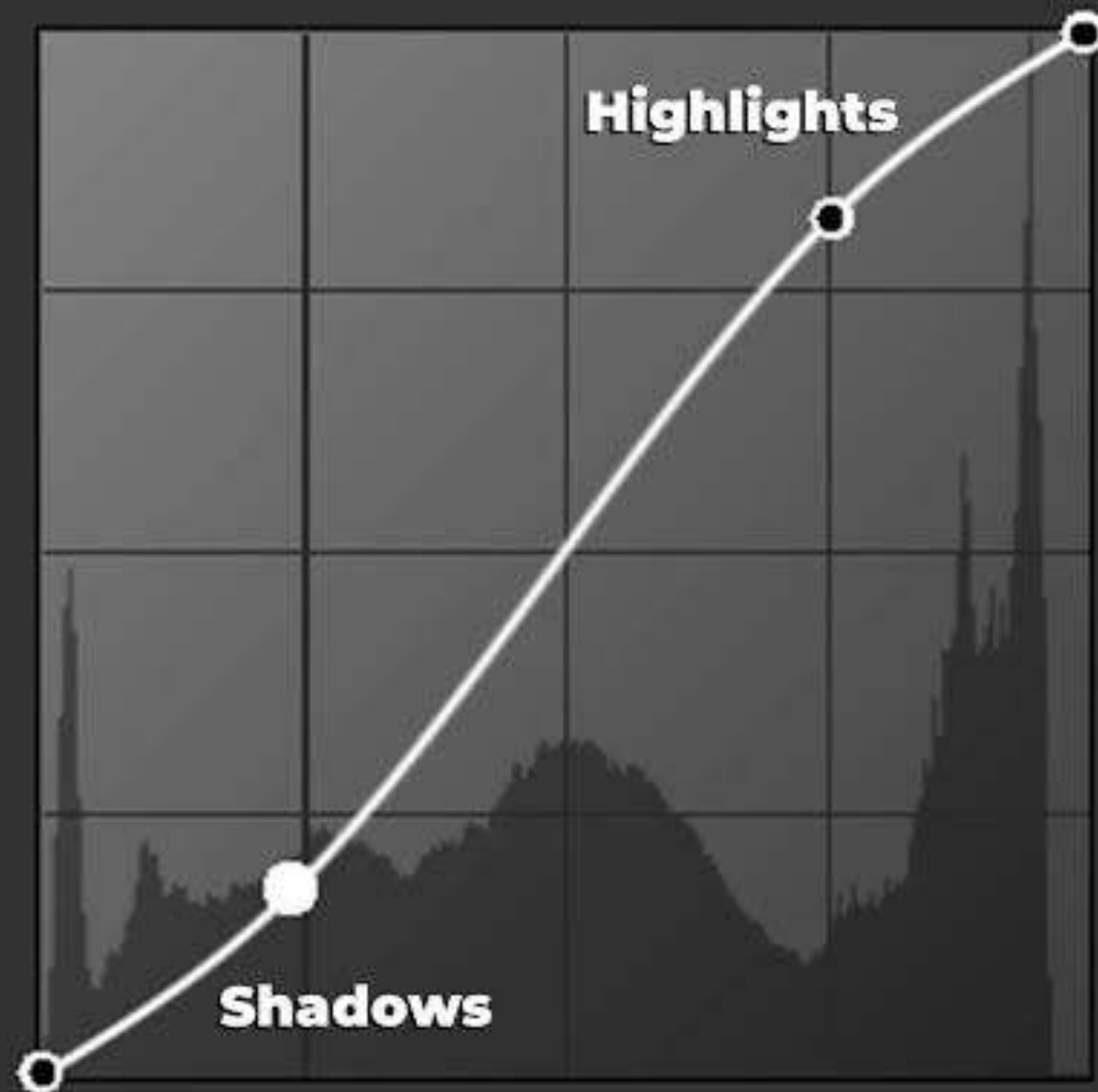


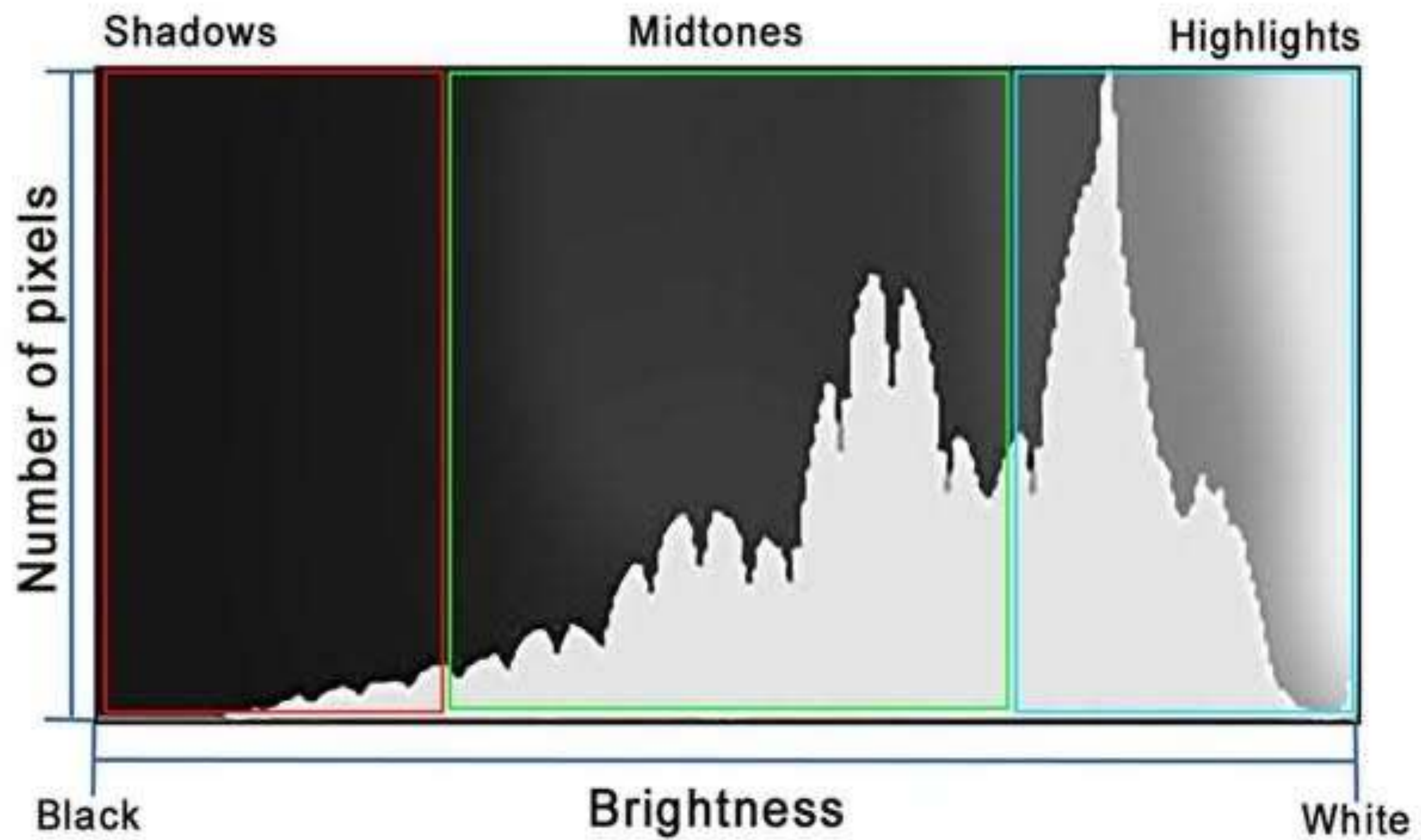
Correctly exposed image

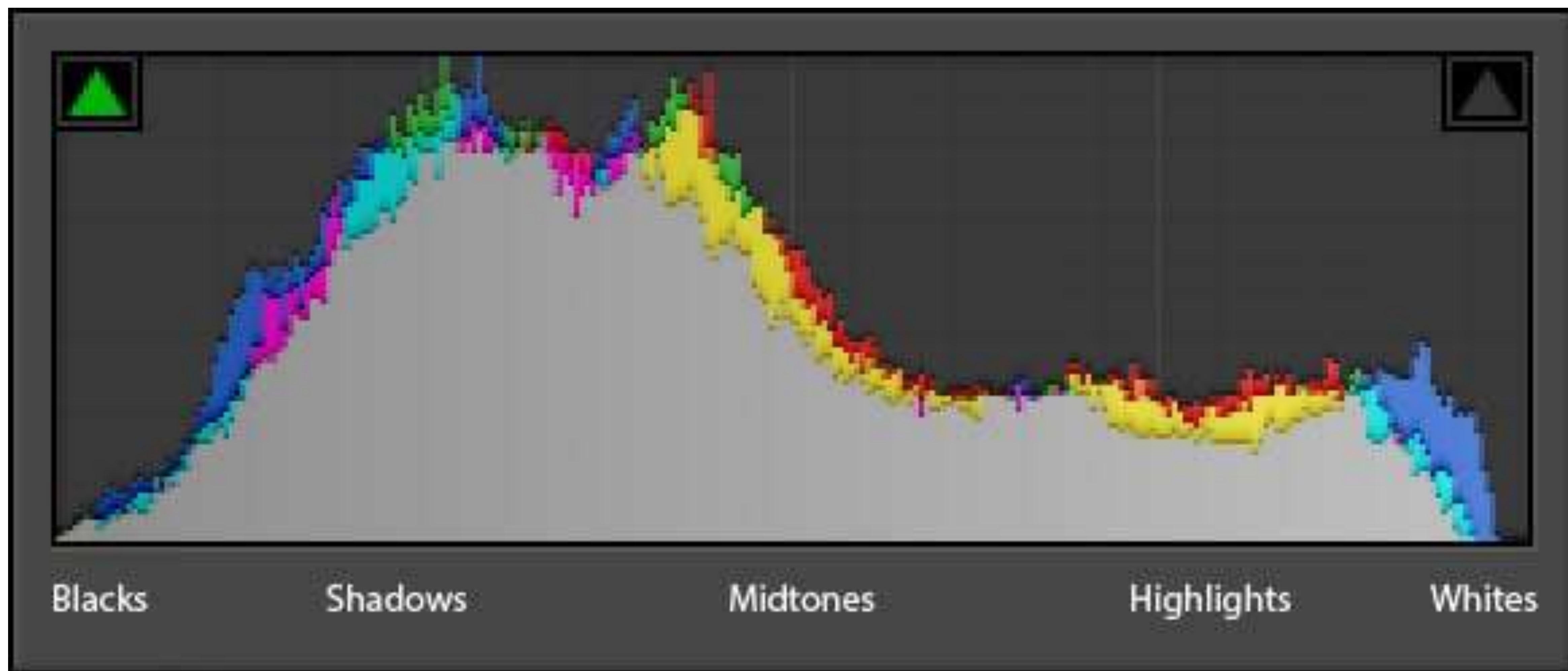


Under exposed image

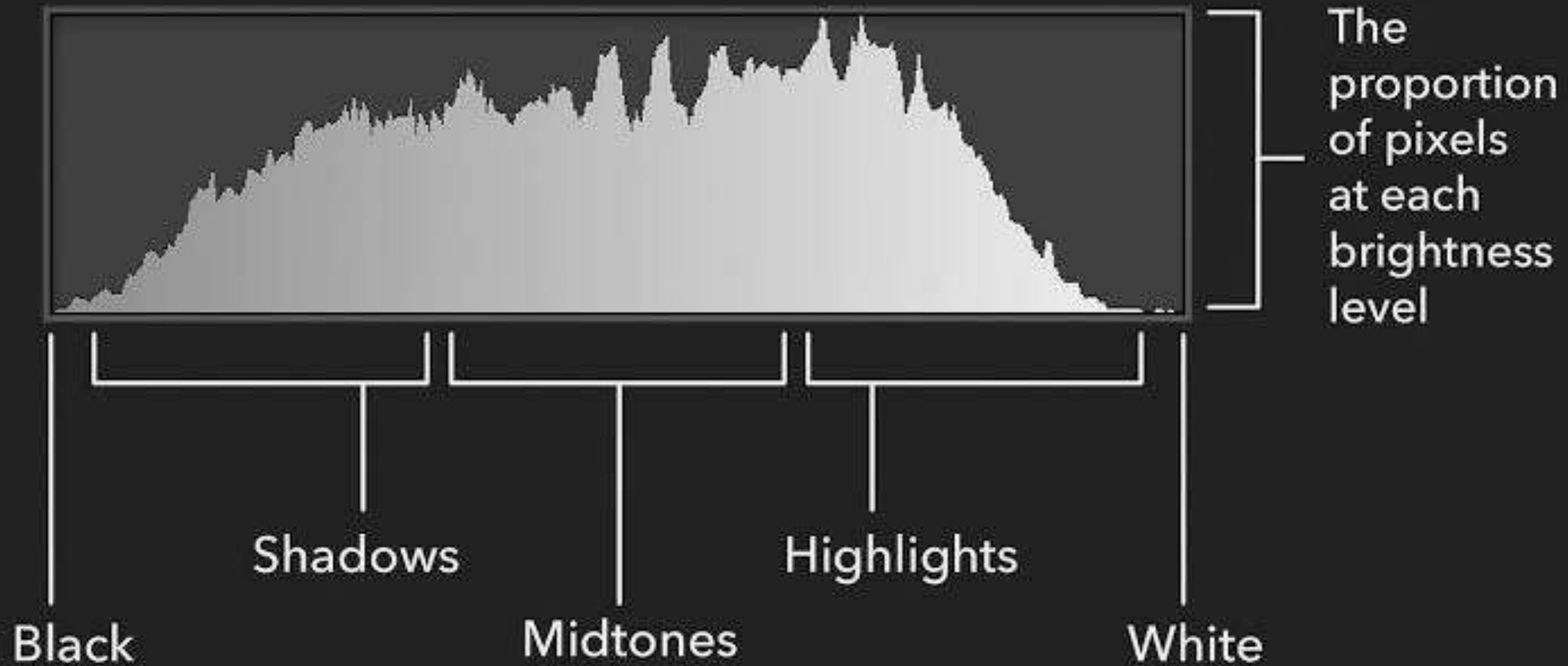
Histogram







The Anatomy of a Histogram



Photography Basics

chapter 8

camera modes





M

Manual

A

Aperture Priority Auto

S

Shutter Priority Auto

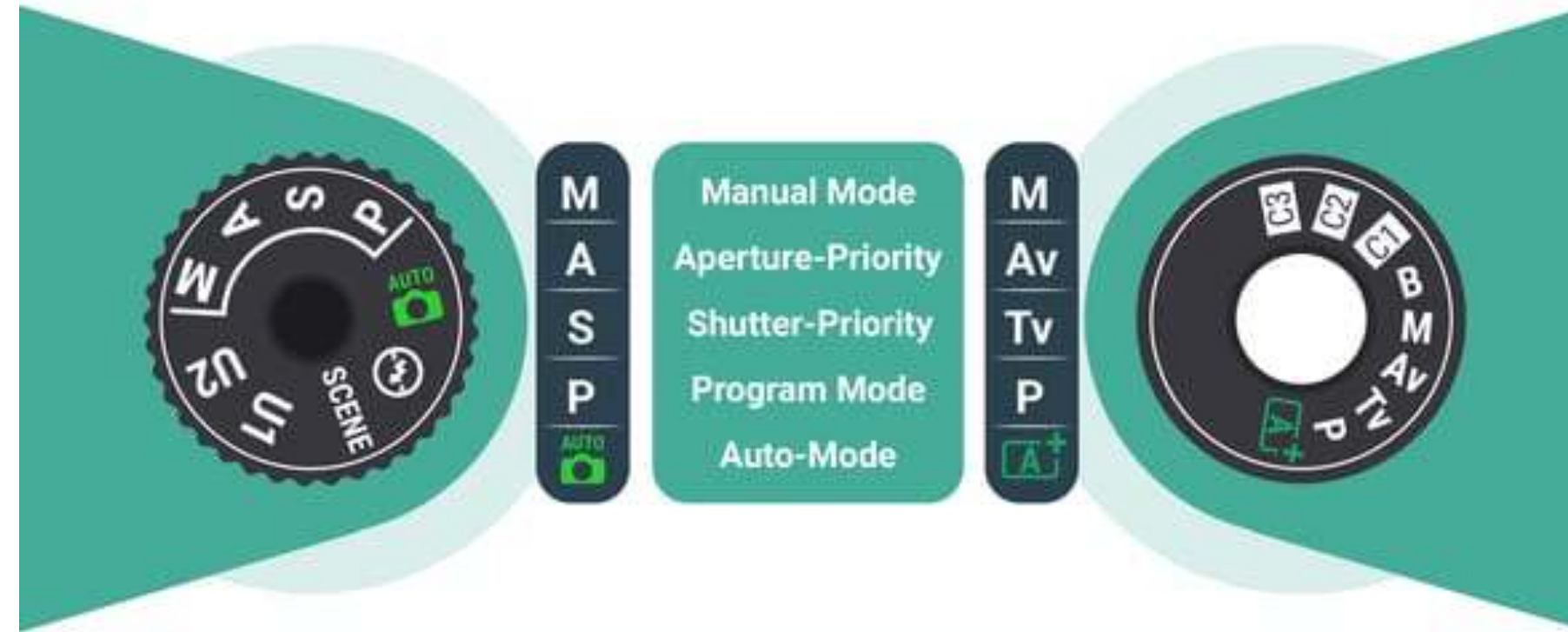
P

Programmed Auto

DIGITAL CAMERA MODES IN PHOTOGRAPHY

NIKON

CANON



M
A/Av

S/Tv

P

AUTO or A+

Manual Mode

You choose all the main camera settings

Aperture Priority

You choose the aperture and the camera sets the shutter speed

Shutter Priority

You choose the shutter speed and the camera sets the aperture

Program mode

The camera automatically sets the shutter speed and aperture

AUTO-Mode

The camera automatically sets all the camera settings





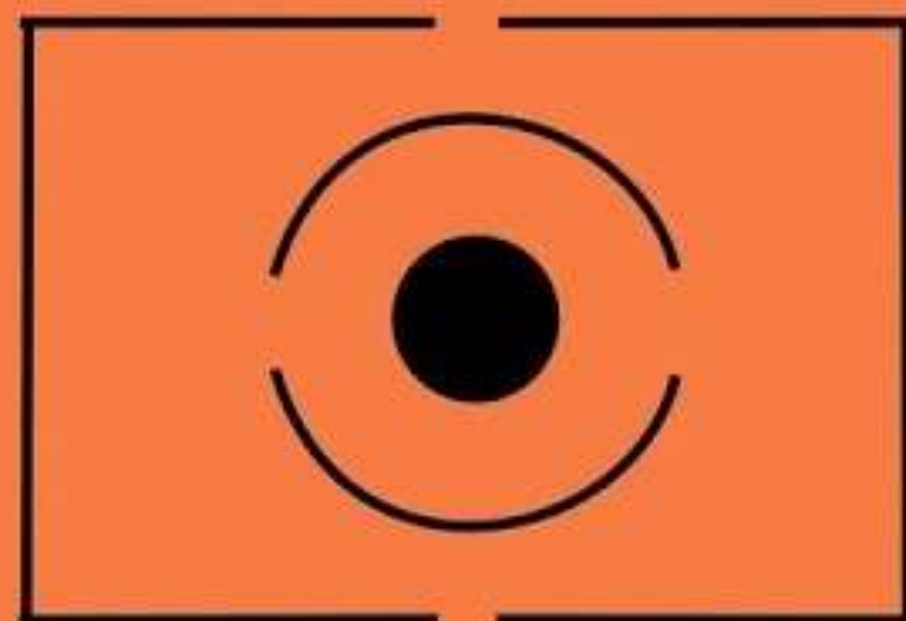
Metering

SPYROS HENIADIS

GET OUT THERE AND TAKE SOME DAMN PHOTOS!

UNDERSTANDING AND CHOOSING CAMERA METERING MODES

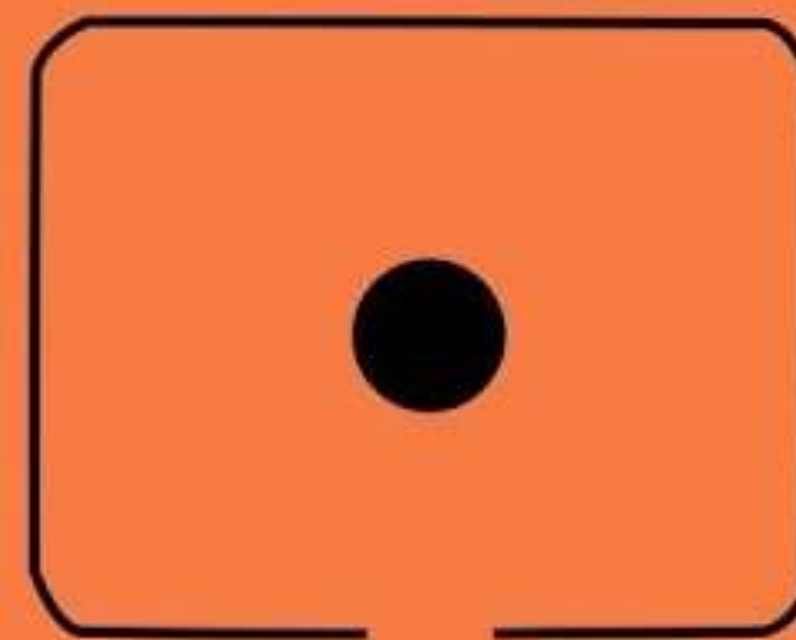
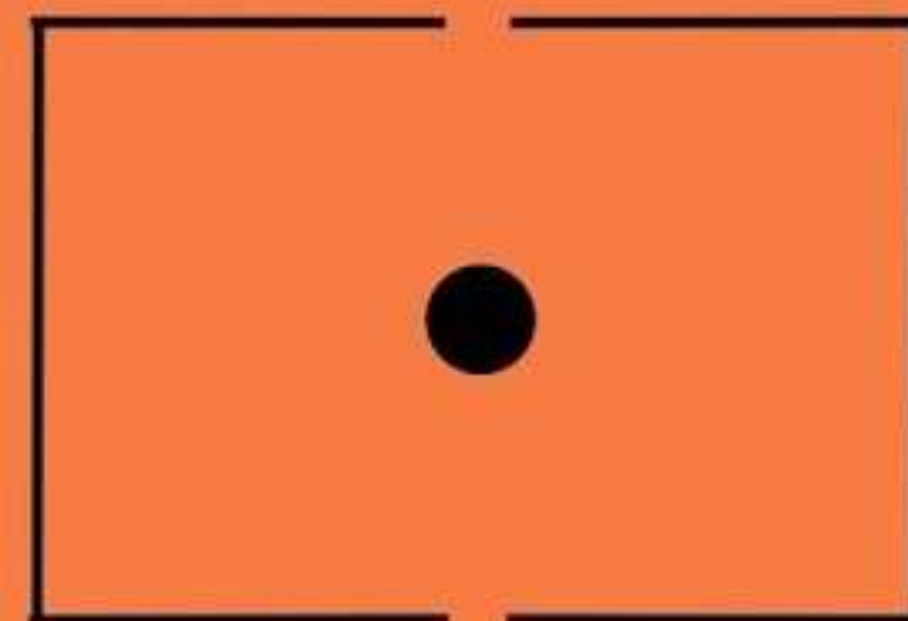
ZONE



CENTER



SPOT



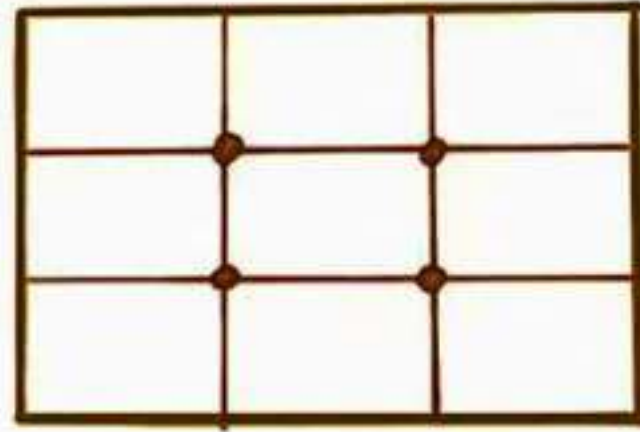
PARTIAL



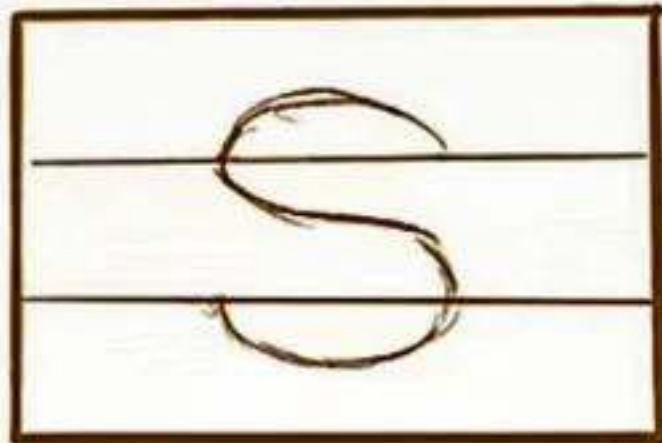




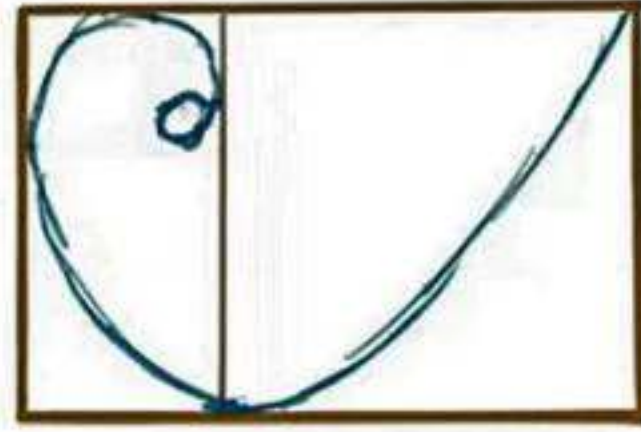
Composition



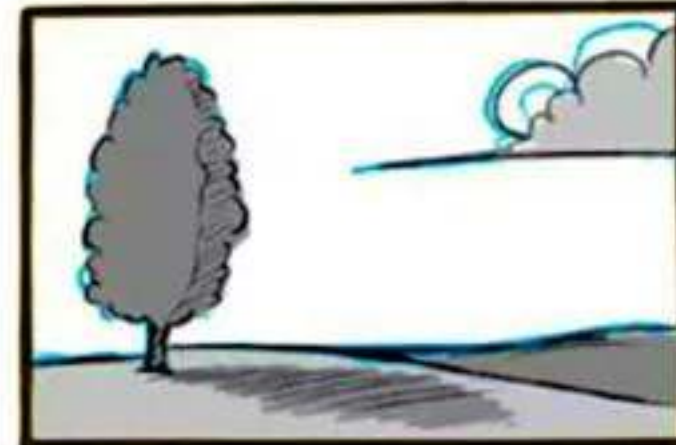
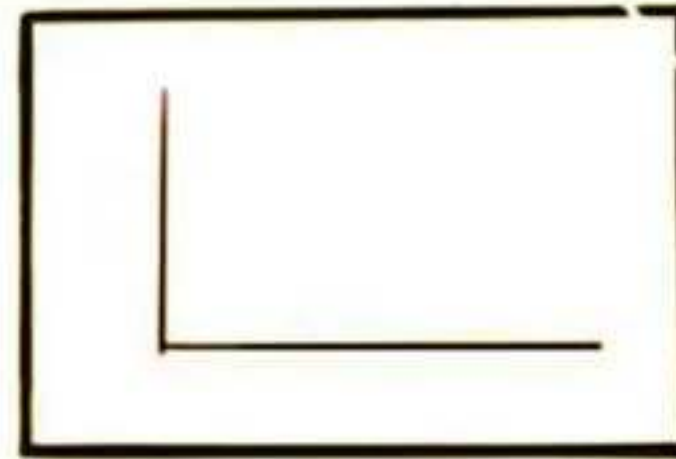
Rule of Thirds



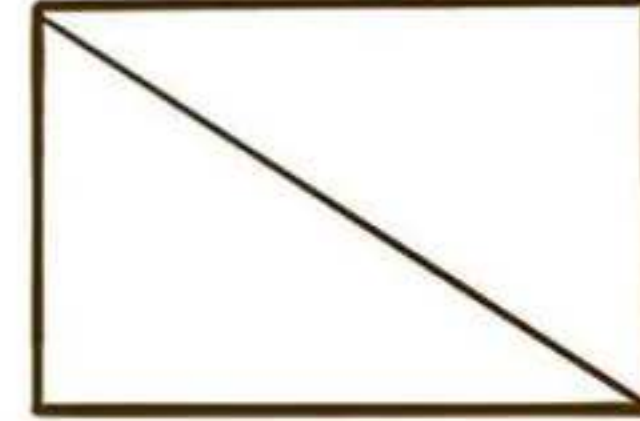
S-Curve



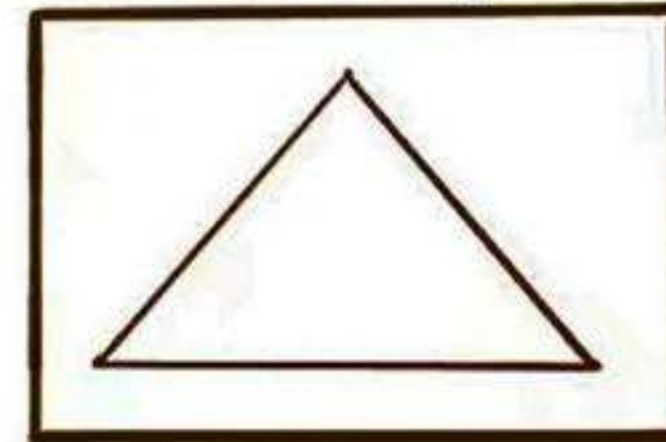
Golden Spiral



L-Shape



Diagonal



Pyramid



magnum photographers



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Portrait



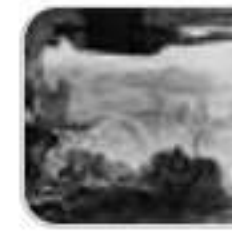
Color



Shadow



Love



War



Street



Sport



Christmas



 **Magnum Photos**
History | Magnum Photos



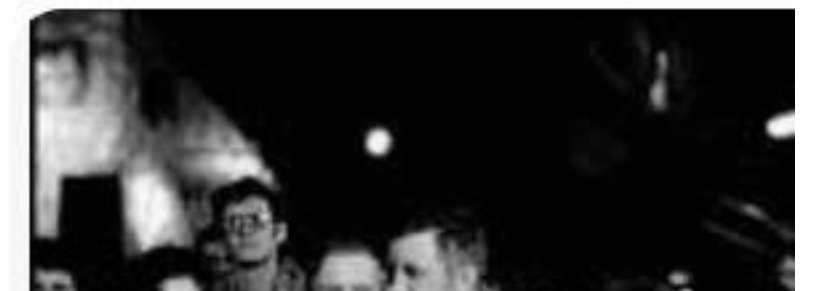
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Magnum Photos | Tate



 **Magnum Photos**
Magnum Editions: A New Collection ...



 **The New York Times**
Magnum Photographers' V



左手 原来这么拍

原来这么拍

超越构图

人民邮电出版社



- 辅助构图的 1 种工具
- 经典构图的 23 种法则
- 增强画面故事性的构图
- 23 条相关视频
- 发现构图的 12 种视角
- 平面构图的 26 项原理
- 突破经典构图的 7 大技巧
- 改变构图的 15 种机位
- 焦距透视与构图的关系
- 360 个全球拍摄案例
- 场景化配套视频课程

原来这么拍
超越构图

张千里 著

THE AESTHETICS OF
PHOTOGRAPHIC
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中国工信出版集团

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Lens

BASIC TYPES OF LENSES



NORMAL LENS

24 – 70mm



TELEPHOTO LENS

300mm



WIDE ANGLE LENS

14 – 24mm

Prime Lens Vs Zoom Lens What's The Difference?



{ Zoom

Prime }









FE 1,8/55

**Sony FE 55 mm
f/1.8 Zeiss**

Raw or JPEG



Raw file



Edited Raw file



Post/Editing



Adobe Lightroom: Photo Editor 12+

Picture Editing/Camera Presets

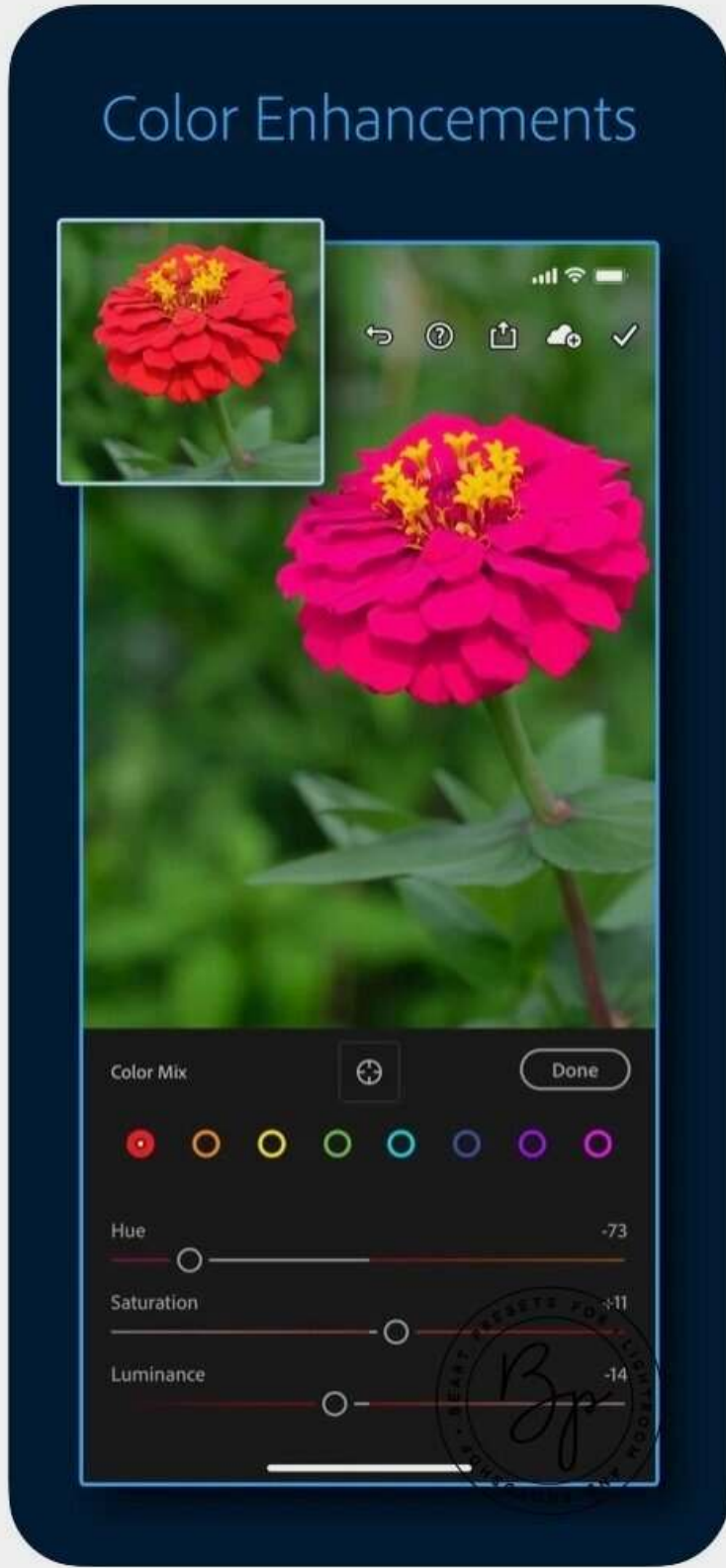
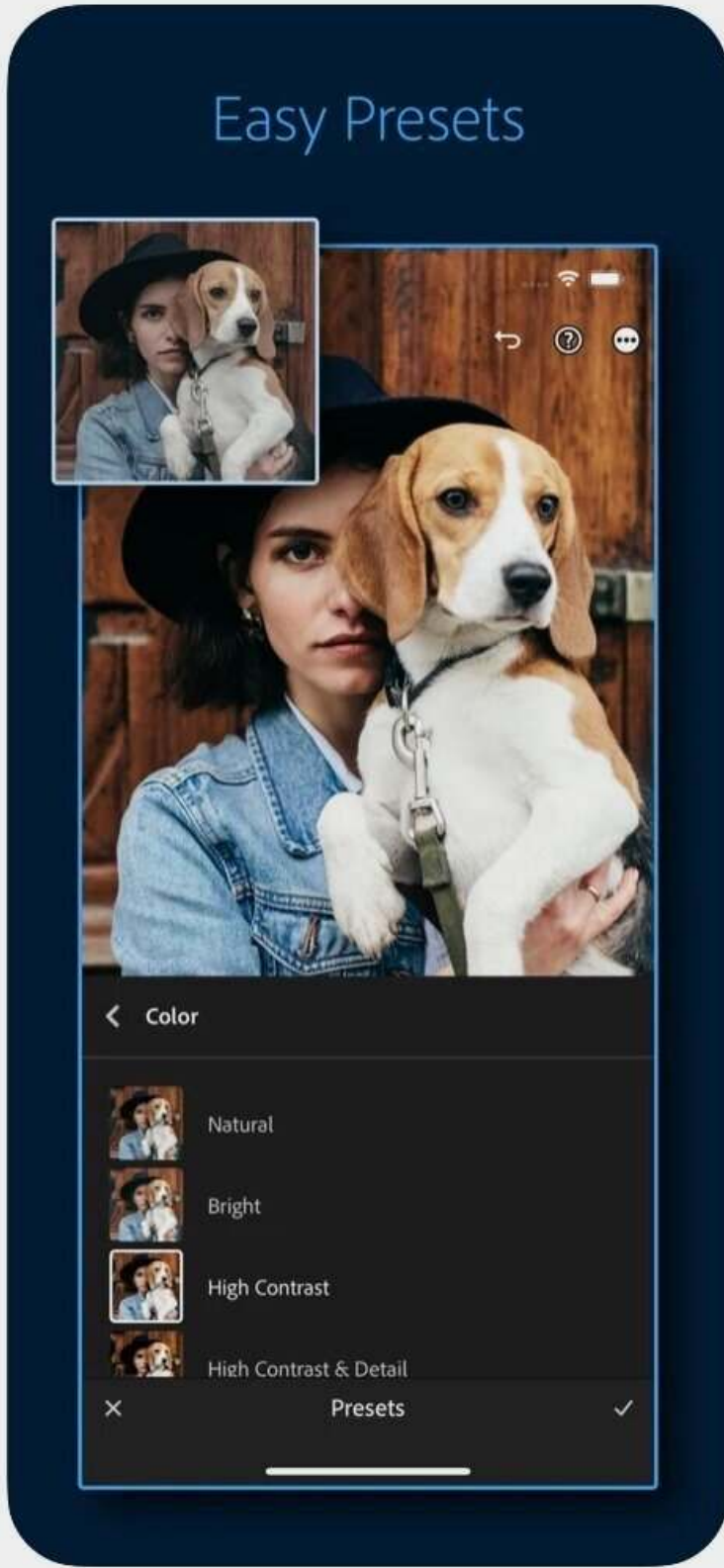
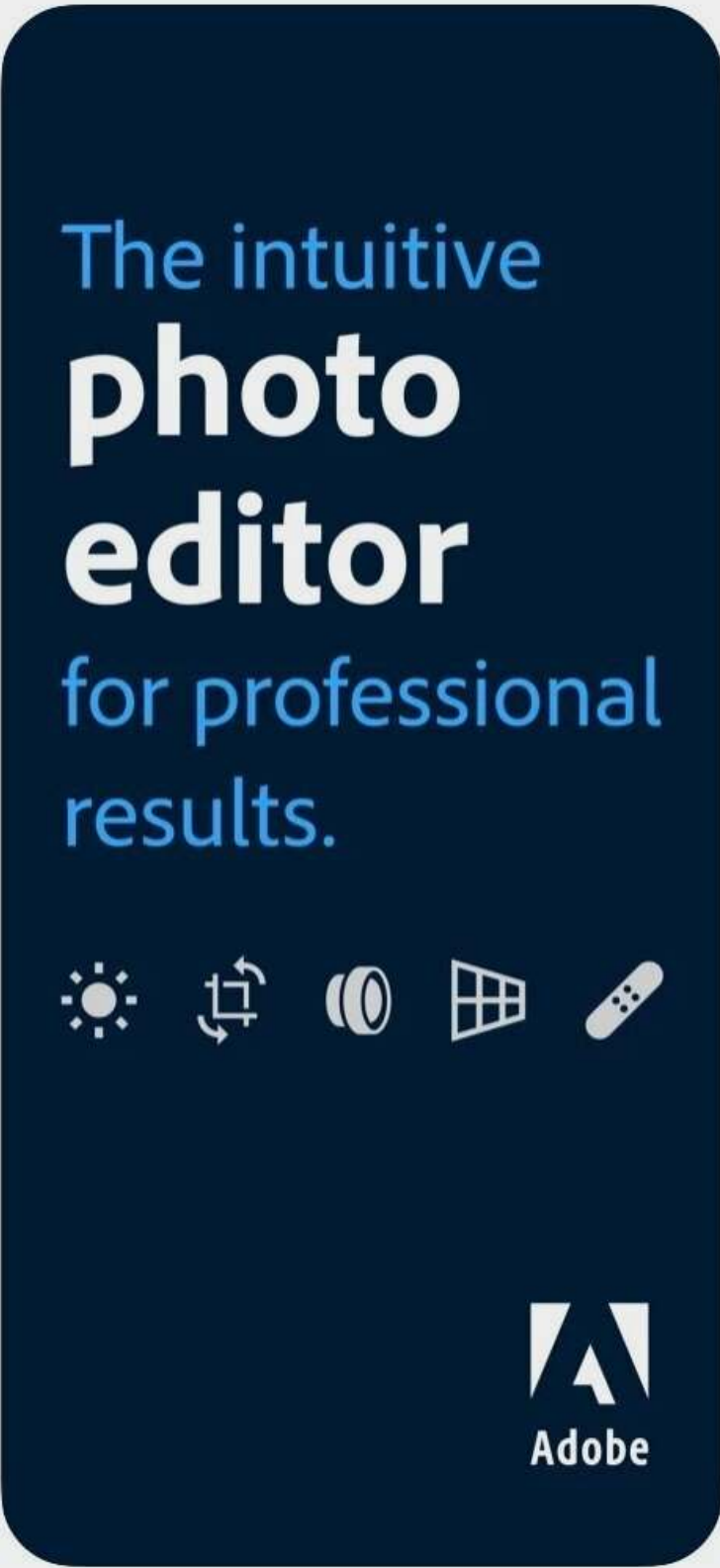
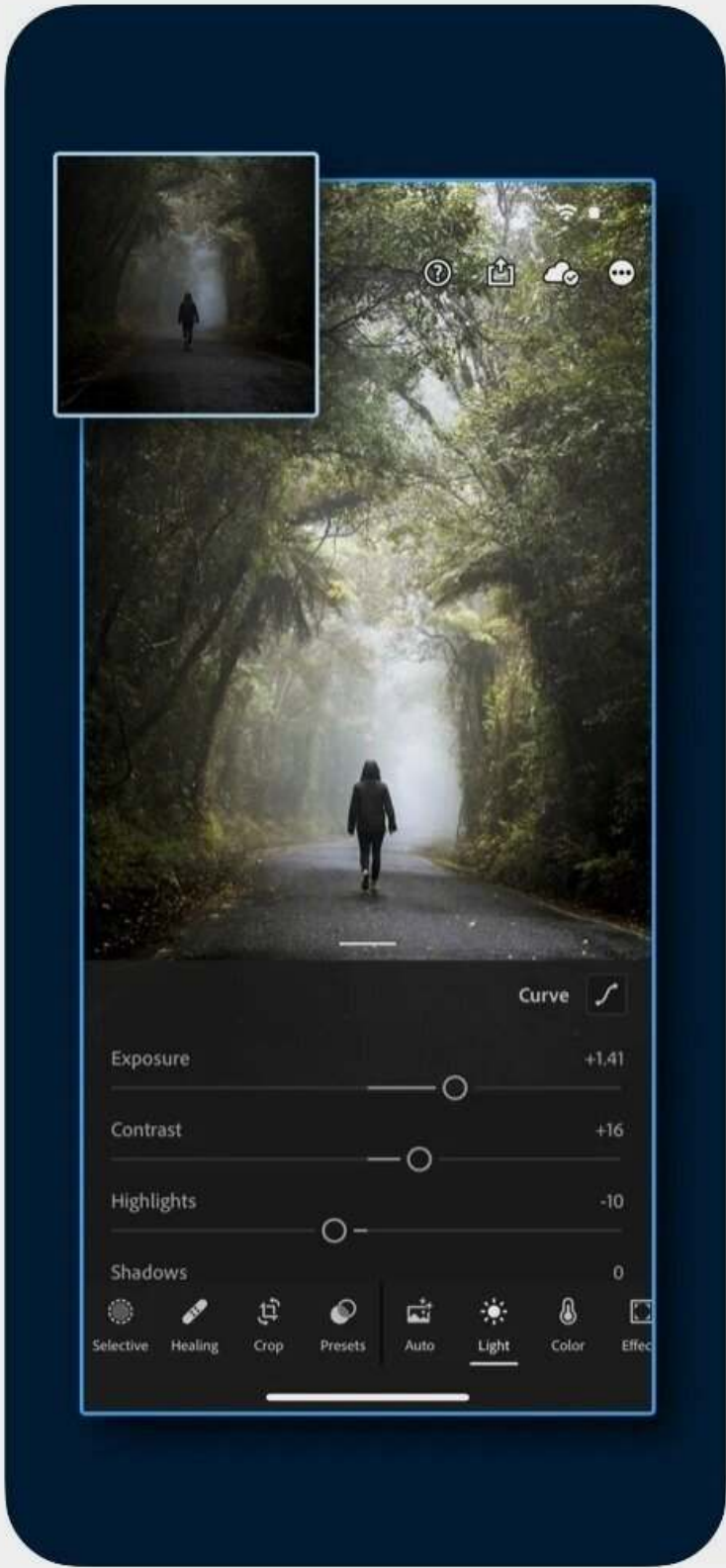
[Adobe Inc.](#)

#19 in Photo & Video

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免费

截屏

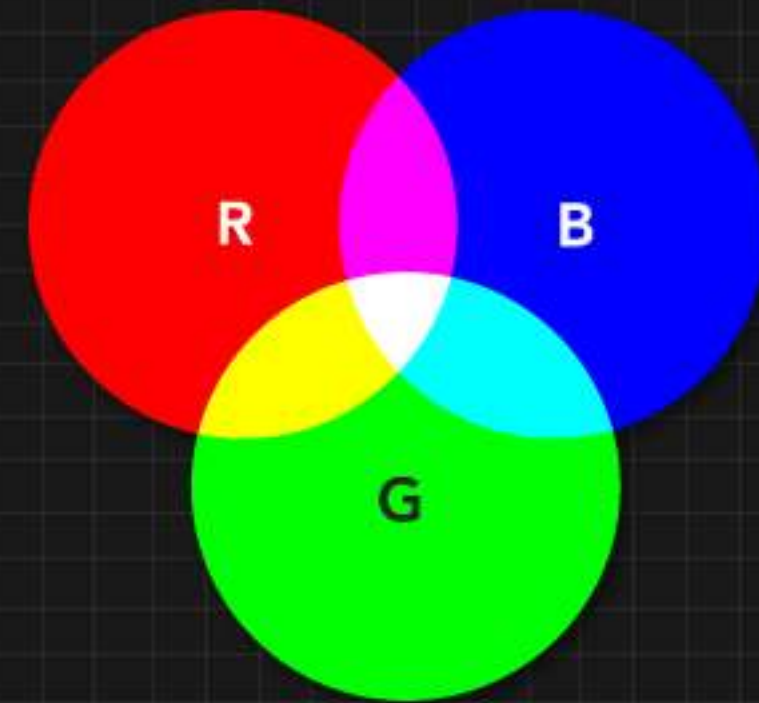
iPad

iPhone

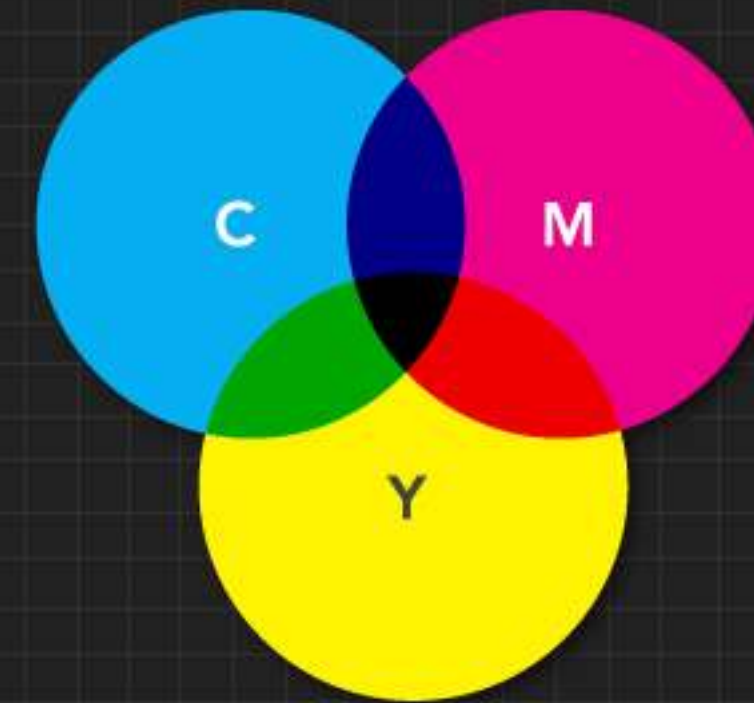




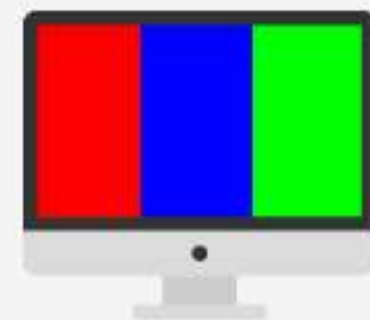
RGB vs CMYK



- Additive colours
- Vibrant tones
- Used by monitors for displays
- 3 channels:
 - Red
 - Green
 - Blue
- Smaller file sizes



- Subtract colours
- Cool tones
- Only way to print media
- 4 channels:
 - Cyan
 - Magenta
 - Yellow
 - Black
- Easier to colour treat



RGB

Colours are produced in monitors & other screens.



CMYK

Colours are produced in printing process & desktop printers.



SPOT COLOUR

offset printing method that uses individual links for each colour. Generally uses Pantone Matching System.



lightroom preset



Editing Bank
Top 10 Lightroom Pr...



NSB Pictures
Moody tone Lightroom m...



Razz Suman Photo...
Dual Colour Tone ...



PSD Stack
10 Free Dark & Moody Li...



Editz Presets
Lightroom Green Pr...



in.pinterest.com
lightroom pr...



Presetpro
Free Lightroom Preset "Bohemian Fil...



Editing Bank
Moody Green Light...



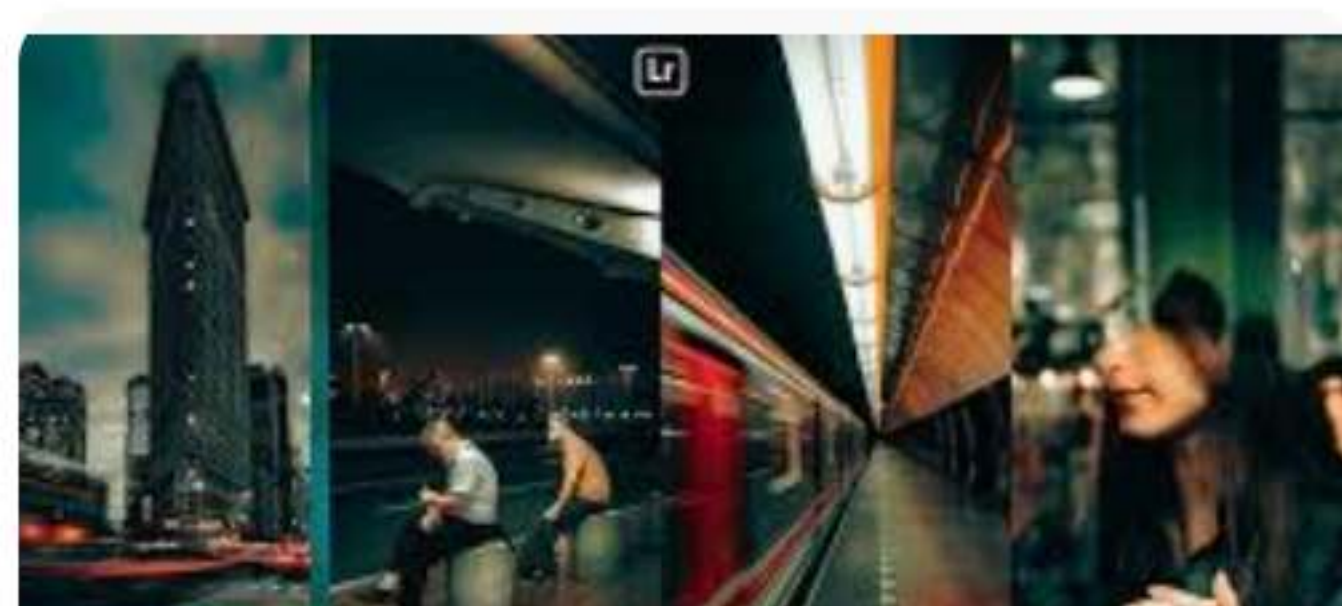
Rajan Editz
Moody black light...



Free Lightroom Presets
Free Lightroom Preset |...



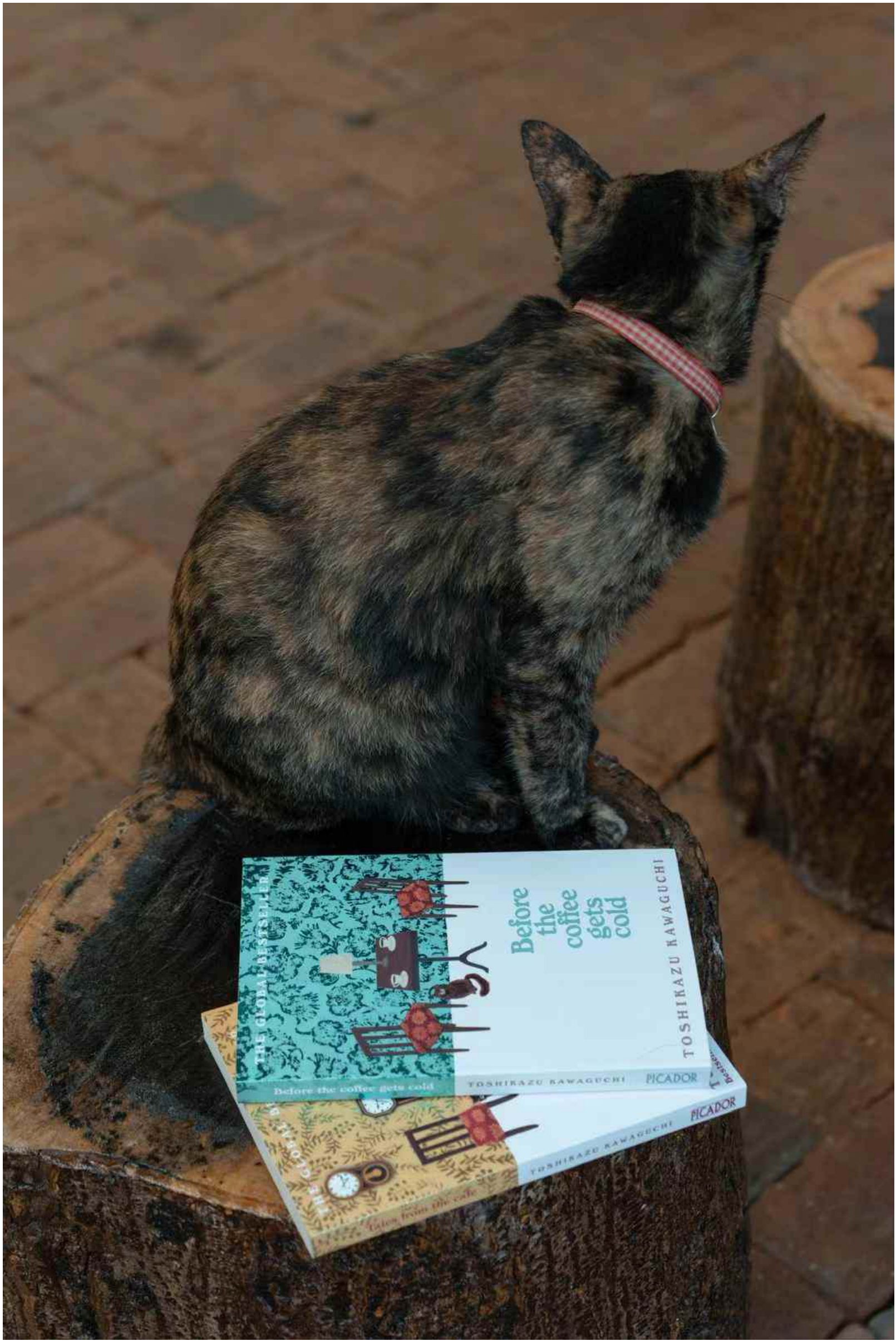
Luke Taylor - Photography
Portra Gold Film - Free Lightroom ...



Philosophy

Resilience

Aliveness





张海露 Eric 🏆

星期三，咖啡馆不营业，那就去“邻居们”店里喝咖啡。这家 Black Single Coffee 是家不起眼的小店，咖啡师兼老板 Pan 是泰国的拉花亚军，一杯热拿铁 55 铢，拉花给足情绪价值。要走的时候我说我们在旁边也开了家咖啡馆，自己烘豆子，主打手冲。他说有机会也来玩，他自己下个月也要教拉花课了。他问 Lydia 要不要体验一下拉花，于是 Lydia 用牛奶画了一片大树叶。

[Show Less](#)





还有这图中的两个男孩，其中一个人穿了我很喜欢的清迈本地品牌，聊了几句发现他是我们店设计师的朋友。要走的时候我说给你们拍张照吧，记录一下，他俩有些过于认真，我说 why so serious? 他俩被逗笑了，我趁机拍了这张。

Show Less



张海露 Eric 🍷

吴先生是社群里第一位来清迈咖啡馆的人。他这三年都加入了社群，这次一个人从加拿大回国，看到咖啡馆开业，就过来呆几天。他还买了几包豆子，要带到加拿大，我嘱咐咖啡师今晚现烘。明早我们约了一起去 hiking，在溪水旁喝一杯，聊聊天 🍷



